

## **July 2008**

### **Club Grading**

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Master Azim Razak the London region coach for the BTCB will be conducting a general grading at the club venue in Harris Girls Academy Homestall road SE22 0NR on the 31st July 2008. All students eligible for testing are expected to participate in the exercise, please contact the instructor for further details on eligibility.

### **British International Championships 2008**

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25/06/08 - Best leg featured 3 students at the 12th edition of the British international championships, which had clubs from countries around Europe, Asia, and Americas participating. Shaun Hogan won bronze medals at the -35kg while Jacobus Fenton won a bronze medal at the -25kg, both athletes competed at the peewee category.

### **Beijing bound athletes visit Best Leg Academy**

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Isa Mohammed of the Nigerian Taekwondo team bound for the 2008 Beijing Olympics games in August visited and trained with our students to complement his training tour of Europe and Taiwan as part of his Olympic preparation. We wish the team a successful outing at the games. To view pictures of the training session